

## **FAQ's regarding COVID-19 and SIMNSA:**

**Can you describe what steps have been taken in the SIMNSA network to protect its health care workers from COVID-19 while on the job?**

All SIMNSA staff, providers, and medical team members have been briefed on proper protocol on patient management regarding COVID-19. SIMNSA Tijuana will have a screening area at the entryway of pedestrian bridge free of charge. If members present flu-like symptoms, they will be routed to the 5th floor isolated waiting room. For additional information on protocol specifics, we are providing our Policies & Procedures on Suspected and/or Confirmed cases of COVID-19 (attached).

**Are there any contingency plans that can be shared in case the virus becomes active (person-to-person) in Southern California/Baja California concerning how SIMNSA plans to respond?**

SIMNSA will abide by the CDC's recommendations for treating patients. Please refer to the Policies & Procedures attachment for additional information on patient management.

**If a member presents at a SIMNSA provider with COVID-19 symptoms, does that member then stay in Mexico to receive treatment?**

Yes, SIMNSA's network includes participating providers within Tijuana and Mexicali.

**How many airborne isolation rooms do the SIMNSA hospitals have?**

Hospital Angeles, an in-network hospital subcontracted with SIMNSA, has dedicated its 4<sup>th</sup> floor of the hospital as its isolation space. This area offers 15 beds with negative pressure and laminar air flow to contain the spread of contamination. Additional isolation rooms are available at Hospital Hispano Americano in Mexicali. For out of network emergencies, Mexico's government has advised that both General Hospitals in Tijuana and Mexicali will be available for isolation needs.

**Are any SIMNSA labs able to run the lab test to diagnose COVID-19?**

All suspected case samples will be sent to the National Institute of Respiratory Diseases (INDRE) in Mexico City in addition to the United State's CDC. SIMNSA has solicited an urgent request for test kits from the International Reagent Resource (IRR).

**Contact us today!**

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## Política y procedimiento para casos potenciales de COVID-19 (Enfermedad por SARS-CoV-2)

### SIMNSA

- **Se define como:**

- **CASO SOSPECHOSO:** Persona de cualquier edad que presente enfermedad respiratoria aguda y cuente con antecedente de viaje o estancia en China, Corea, Japón, Italia, Irán o Singapur o en contacto con caso confirmado o bajo investigación hasta 14 días antes del inicio de los síntomas.
- **CASO CONFIRMADO:** Persona que cumpla con la definición operacional de caso sospechoso y que cuente con diagnóstico confirmado por laboratorio emitido por el INDRE (u otra institución autorizada).

- **Procedimiento:**

- 1) Llega CASO SOSPECHOSO el cual se detecta durante consulta de primer contacto.
- 2) Se confirma estabilidad.
- 3) Se otorga cubreboca y dirige a lavado de manos.
- 4) Durante la consulta se instruye el cuidado para evitar transmisión por gotas, vía aérea y contacto.
- 5) Se pasa a cuarto aislado (consultorio o sala de procedimientos designada).
- 6) Se notifica a Jurisdicción con encargado de epidemiología de Mexicali y/o Tijuana (Dr. José Antonio Hurtado) / Jefe de epidemiología estatal / Unidad de Inteligencia Epidemiológica y Sanitaria (800 04444 800).
- 7) Acuden a toma de muestras y nos indican seguimiento de caso.

**NOTAS:** Si el paciente está estable se envía a domicilio por lo menos 14 días o hasta obtener resultados. Si el paciente está inestable se dirige a hospitales proveedores (Hospital General / Hospital Ángeles).

**Dr. José Luis Flores Díaz**

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## Diagrama de flujo para identificar y evaluar coronavirus.

